

lauren brooke cosmetiques

natural  organic

Specials ♡ Sample Packages ♡ Cosmetics ♡ Facial Care ♡ Body Care ♡ Brushes



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Inspirational Quote

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."
~Albert Einstein~

Healthy Planet



We are committed to healthy practices that sustain a healthy planet.



What's *New* in... February's Makeup Tips

Welcome to 2012!

With a huge number of requests, **Lauren Brooke Cosmetiques** is happy to let each customer know that we will be starting out 2012 by sending monthly newsletters. Each month you will receive valuable skin care ideas, healthy body information, and life tips. Also watch for our **Customer Appreciation Promotion & Discounts** that will be posted for you!

This month we are **excited** to announce that we are adding NEW sifters to our Powder Foundations, Silk Veils, and Finishing Powder jars! Our new sifters now have a re-closeable top to help keep powder inside the jar, making it easier and more secure to carry in bags, purses, or suitcases.

February's GREEN TIPS: Because we have designed our makeup line with women's health in mind, we have formulated our mineral foundation without skin-irritating ingredients such as chemical preservatives, parabens, talc, bismuth oxychloride, mineral oil, chemical dyes, or synthetic fragrances.

We **do** add ingredients like Jojoba Oil for its moisturizing properties, Zinc Oxide for sun protection and anti-inflammatory abilities, and Comfrey-derived Allantoin with its amazing skin cell support and protection capabilities.



For more information about Powder Foundations and safe applications, [Click Here.](#)



Humanitarian Spotlight:

Lauren Brooke Cosmetiques recently sponsored Josh Erickson, a team leader of a humanitarian project organized in Ensanada, Mexico. Thanks to the Kaiizen Foundation, Josh's service not only benefited himself and the locals--but he was able to be a role model to a group of troubled youth who went along to serve.

Erickson recalls, "We there even though we couldn't . . . went to an orphanage and made many friends

[Click here](#) for more info

Healthy Body



With cold temperatures and chilly weather, a hot drink is wonderful way to get warm from the inside out. Here's a healthy drink to warm up with after being out on a cold day:

1 Bengal Spice Tea Bag
3 cups Almond Milk (fresh or prepackaged)
Stevia (Creamy Vanilla flavor is great), Honey, or Agave to taste

Heat Almond Milk on the stove until warm. Add Tea Bag and let steep for 5-10 minutes. Sweeten with Stevia, Honey, or Agave to taste. Enjoy!

Healthy Skin



Cold winter weather can leave your skin dry and cracked. A few things to consider to help your skin look it's best is to use soaps that do not contain harsh detergents, such as sodium laurel/laureth sulfate. Using products with these ingredients will strip your skin of it's natural oils and leave it susceptible to rough outside conditions.

When washing and cleansing, use gentle castille-based soaps and cleansers that will clean without damaging your skin's natural protecting barrier.

After washing, make sure to protect and nourish it by applying a natural plant-derived oil or butter, or products that contain only natural ingredients. Some of the best ingredients for dry, dehydrated skin are Rosehip Oil, Olive Oil, Shea Butter, Avocado Butter/ Oil, Mango Butter, Cocoa Butter, Jojoba Oil, & Coconut Oil.

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